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PARTOGRAPH

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SAFE MOTHERHOOD

Preventing Prolonged Labour: a practical guide

The Partograph Part II: User's Manual



MATERNAL HEALTH AND SAFE MOTHERHOOD PROGRAMME DIVISION OF FAMILY HEALTH WORLD HEALTH ORGANIZATION GENEVA **Maternal Mortality**

Half a million women lose their lives every year because of pregnancy Obstructed labour and ruptured uterus contribute upto 70% of maternal mortality Early detection of abnormal progress & prevention of prolonged labour can significantly reduce MM

Objective of this EOC drill

To teach the use of Partograph in the management of labour

(Not to teach the principles and physiology of labour)





By the end of the program the participant should be able to: Know when to start a Partograph Understand and complete all parts of the Partograph Describe all abnormalities in labour Know how to recognize prolonged labour on the Partograph Know when to transfer a woman in labour Have some knowledge of possible management options

Partograph

Graphic recording of the progress of labour
 Recording of salient conditions of the mother and fetus

Uses

To detect labour that is not progressing normally

To indicate when augmentation of labour is appropriate

To recognize CPD long before obstruction occurs



Partograph

- Increases the quality of all observations on the mother and fetus in labour
 Serves as an "Early warning system"
- Assists in early decision on transfer, augmentation, termination of labour







Who should not have a Partograph

Women with problems which are identified before labour starts or during labour which need special attention





Observations charted on the Partograph

The Progress of labour Cervical dilatation Descent of fetal head Uterine contractions – duration, frequency

Fetal condition Fetal heart rate Membranes and liquor Moulding of the fetal skull

Maternal condition

Pulse/ BP / Temp Urine – volume, acetone, protein Drugs & IV Fluids Oxytocin regime

Starting a Partograph

A partograph should be started only when a woman is in active phase of labour Contractions must be 1 or more in 10mins, each lasting for 20secs or more Cervical dilatation must be 4cms or more

In the centre of Partograph is a Graph. Along the left side are numbers 0 -10 against squares. Each square represents 1cm dilatation. Along the bottom of the graph are numbers 0-24. Each square represents 1hour The dilatation of Cx is plotted with an 'X'. Vaginal examinations are done at admission and once in 4 hours



Descent of fetal head

It is measured in terms of fifths above the pelvic brim



The width of the 5 fingers is a guide to the expression in fifths of the head above the brim. A head that is mobile above the brim will accommodate the full width of 5 fingers



As the head descends, the portion of the head remaining above the brim will be represented by fewer fingers



 It is generally accepted that the head is engaged when the portion of the head above the brim is represented by 2 fingers are less

Plotting the Descent of the Head

 On the left hand side of the graph is the word "descent' with lines going from 5 – 0
 Descent is plotted with an "O' on the Partograph



Uterine Contractions

Observations are every half hour in active phase

 Frequency - Number of contractions in a 10 minutes period

Duration – Measured in seconds from the time the contraction sets in to the time the contraction passes off

Recording Uterine Contractions

On the Partograph below the time line, there are 5 blank squares going across the length of the graph. Each square represents 1 contraction



Plotting Contractions on the Partograph



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Fetal Heart Rate

Listen

- Patient in left lateral position
- Just after the contraction has passed its strongest phase
- For 1 full minute, if abnormal every 15mins
- If abnormal over 3 observations, take action

Record

At the top of the Partograph
Every half hour





Membranes & Liquor





Bones are overlapping severely

3+

 \bigcirc

1+

2+

Fetal

Maternal Condition

Recorded at the foot of the Partograph

Oxytocin: Drugs: Pulse: every half hour every 4 hrs or more frequently **BP**: **Temp:** every 4 hrs or more frequently **Urine:** Protein Acetone Volume



Points to Remember

When the woman comes in the active phase of labour, recording of cervical dilatation starts on the alert line

When progress of labour is normal, plotting of cervical dilatation remains on the alert line or to the left of it







Prolonged Active Phase

In the active phase, plotting of cervical dilatation will remain on the left of or on the alert line If it moves to the right of the alert line, labour may be prolonged Transfer if facility for emergencies is not available Transfer allows adequate time for assessment

for intervention when she reaches the action line

Alternative \$2.5-2000 Time at adverses (\$100 ALM)







At the Action Line

It is 4 hours to the right of Alert line
Assess the cause of slow progress and take action
Action should be taken in a place with facility for dealing with obstetric emergencies is available





Remember

WARNING Transfer from hospital Reaching the action line means **POSSIBLE DANGER** on further management (usually by obstetrician or medical officer)



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Management of

Labour

Normal Latent and Active Phases Latent phase is less than 8 hrs and active phase remains to the left of or on the alert line

Do not augment with oxytocin or intervene unless complications develop
ARM may be done at any time in the active phase

Between Alert and Action lines

In a Health Centre:

- Transfer to hospital with facilities for Cesarean section, unless Cervix is almost fully dilated
- ARM may be performed if membranes are still intact and observe labour for a short period before transfer

In Hospital:

Perform ARM if membranes are intact and continue routine observations

At or Beyond Active Phase Action Line

Full medical assessment Consider IV infusion/bladder catheterization/analgesia Options: Delivery if fetal distress or obstructed labour Oxytocin augmentation if no contraindication Supportive therapy (only if satisfactory progress is now established and dilatation could be anticipated at 1cm/hr or faster)

Dilatation that reaches the Action Line



Inadequate

uterine

contractions

corrected

with oxytocin



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